

Active Campbell River Meeting Minutes

Thursday, April 10th, 2008
Strathcona Gardens, 10:30 – 12:00

Attendance: Richard Boehm, Jan Sandholm, Meghan Best, Terryl Bertagnolli, Michele Sirett, Kris Johnson, Sandra Milligan, Craig Gillis

1. **Welcome** to new Active Campbell River Coordinator Kristine Johnson. She can be reached at krissymj@gmail.com.

Business Arising From the Minutes

- 3a. **BCRPA Award** – ACR was 1 of 13 nominees for Active Communities Excellence Awards(see BCRPA e-bulletin April 08).
The Community Centre won the BCRPA Facilities Award – congratulations!
- 3b. **Newsletter** submissions – May Issue
Will include story on Move for Health Day
- 3c. **VIHA involvement** in Active Campbell River
Susan reported that the liaison staff person between VIHA and the Regional District has been allocated to the Comox Valley Regional District. Susan will follow up with Ray Boogards to recruit some other VIHA involvement in Active Campbell River.
- 3d. **Events**
 - a. **Move for Health Day Saturday, May 10**
“Just Try It!” 10 – 2.
Posters were circulated (enclosed with the minutes) for this great event organized by Jan Sandholm. Numerous activities are planned including ball hockey, beach volleyball, disc golf, bocce ball and skateboarding

Action: All to help advertize the event by circulating the enclosed posters.
 - b. **Bike to Work Week, June 2-8**
Teams can register at www.biketowork.ca.
Organizing committee has secured much corporate support in terms of prizes and sponsorship to defray the cost of T-shirts for Team Leaders. Courier Islander has been very supportive, including weekly stories from Mike Redican and other news items.

Celebration Stations are Mon., June 2 at Frank James Park, 7-9
And Fri., June 6 at Frank Ostler Park, 4-6. AM Rotary is helping with the BBQ.

Action: Craig will follow up with the school district to determine whether bike rodeos can be organized during the week.

Action: All. Help to advertize event through your workplace.

- 3e. **Pedometers** for ActNow BC Activity Challenge
Of the 1200 received, all but 100 pedometers have been sold or distributed to health care providers.
400 pedometers were allocated to the Chronic Disease Management program
- 3f. **“Places to Walk in Campbell River”** Flier and Newspaper insert
Susan is working on this.
- 3g. **Canyon View Trail Rerouting**, BC Hydro Liaison Committee Meeting May 16th
Sandra will attend to represent trail users during discussion.
- 3h. **Beaver Lodge Signage**
Distances were measured by Ministry staff at no cost! Thank you!
All material is prepared and signs will be ordered. Sign installation may be delayed, as a UBC Forestry Researcher is applying for funding to do a recreational user survey before and after sign installation. Once this has been confirmed, signs will be installed.
Action: **Sandra** will follow up.
- 3i. **Active Communities Grant deadline** in May 31
Only proposal so far is for gravel to improve the Rail Trail in Beaver Lodge Lands. Grant application will be written, time permitting:
Action: **Sandra**
- 3j **TRACE Tool**
A subcommittee will meet in the summer to do the TRACE evaluation, in preparation for an update of the Active Campbell River Plan.

Motion: Michele Sirett moved to pay Kris Johnson’s expenses to attend the BCRPA conference in April.
Seconded: Craig Gillis. All in favour

New Business

- 4a. **Professional development** for SD72 teachers in August 08 – booking event
Active Comox Valley provided 2 workshops for teachers on activity in the classroom and nutrition. John Ellson is the contact for the Core PD Planning committee for SD72.
Action: **Kris** will follow up with John Ellson about organizing this event.
- 4b. **Waterfront Trail Proposal** presentation to Council April 1, 2008
This proposal was presented to council, along with the Letter of Support from Active Campbell River.
- 4c. **Discovery Passage Passage** to happen August 24, 2008
- 4d. Business cards will be ordered for Kris.
- 4e. Next meeting is Thursday, May 8th, 10:30. Sandra will not be in attendance and someone else will need to chair the meeting.
- 4f. Access Awareness Committee received \$20,000 grant to do a survey of the accessibility of our trail system.